



**Bristol Township Senior Center
Active Life Center
2501 Bath Road
Bristol, PA 19007
215-785-6322**

btscoffice@comcast.net
www.theyounginheart.com

**Center hours: Monday, Tuesday, Thursday
and Friday between 8:30am and 3:30 pm.**

“Bristol Township Senior Center is funded, in part, under a contract with the Pennsylvania Department of Aging and the County of Bucks



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| Monday, Oct 31 st | Bingo, Computer Class, Line Dancing, Needlepoint and Woodcarving |
| Tuesday, Nov 1 st | Arthritis Class, APPRISE Medicare, Wii Bowling and Zumba |
| Tuesday, Nov 1 st | Baking for Veterans noon – 3:30 PM. Register at the office to help. |
| Wednesday, Nov 2 nd | Bowling at Pennel Lanes 11 AM |
| Thursday, Nov 3 rd | Computer Class, Line Dancing and Tai Chi |
| Thursday, Nov 3 rd | Baking for Veterans – Noon – 3:30 PM. Register at the office to help. |
| Friday, Nov 4 th | Veteran’s Day Luncheon. 10:00 AM – Noon. Memorial Program at 10 AM followed by entertainment and lunch, 10:30 AM – Noon. Menu is choice is Ham or Roast Beef, Potatoes, Vegetable, Dessert and Beverage. Free to Veterans, non-Veteran’s pay \$5.00. . Must sign up in advance. Also register names of deceased veterans for a reading of names at the memorial ceremony. |
| Friday, Nov 4 th | Bingo at noon. |
| Friday, Nov 4 th | Ballroom Dance Social with Kevin Kelton 7:30 PM |
| Sunday, Nov 6 th | Daylight Savings Time ends. Turn clocks back 1 hour |
| Monday, Nov 7 th | Bingo, Computer Class, Line Dancing, Needlepoint and Woodcarving |
| Tuesday, Nov 8 th | Zumba at 3:15pm. |
| Tuesday, Nov 8 th | Free Homemade Thanksgiving Dinner at the center, sponsored by Youth Service Agency and ShopRite – 11am. Must be a paid up member to attend. |

Wednesday, Nov 9 th	Bowling at Penndel Lanes 11 AM
Thursday, Nov 10 th	Computer Class, Line Dancing and Tai Chi
Friday, Nov 11 th	Center closed for Veterans Day
Friday, Nov 11 th	Thanksgiving Ballroom Dance Social with Greg Albert 7:30 PM. Please bring non-perishable food donations to the Social.
Monday, Nov 14 th	Bingo, Computer Class, Line Dancing, Needlepoint and Woodcarving
Tuesday, Nov 15 th	Arthritis Class, APPRISE Medicare, Wii Bowling and Zumba
Tuesday, Nov 15 th	AARP Safe Driver 2 Day class 11:30 AM – 3:30 PM (Day 1 of 2)
Wednesday, Nov 16 th	Bowling at Penndel Lanes 11 AM
Thursday, Nov 17 th	The Endoscopy Center at St. Mary presents “Speak Your Piece with Pat Wandling,” a health and wellness series on WBCB 1490AM will be broadcasting live at 12pm. Come out at 11:30 a.m. for a FREE lunch, meet and greet with former Phillies pitcher Tommy Greene, and enter to win some great door prizes! Health topics and tips will be discussed during the hour-long show as you enjoy your lunch. You will also have a chance to ask the panel your own health-related questions on-air or after the broadcast. Pre-register by Thursday, November 10th by calling the center. We hope to see you there!
Thursday, Nov 17 th	AARP Safe Driver 2 Day class 11:30 AM – 3:30 PM (Day 2 of 2)
Thursday, Nov 17 th	Computer Class, Line Dancing and Tai Chi
Friday, Nov 18 th	Board of Directors Meeting 9 AM – 10:30 AM
Friday, Nov 18 th	Catholic Health Services and St. Mary Health presentation & screening. Exciting new information to be provide on their new in-home outreach services. Program begins 10:30 AM with free refreshments or lunch to follow. Sign up in the office – Do NOT miss this one!!!
Friday, Nov 18 th	Bingo at Noon
Friday, Nov 18 th	Ballroom Dance Social with Bobby Block. 7:30 PM
Monday, Nov 21 st	Bingo, Computer Class, Line Dancing, Needlepoint and Woodcarving
Tuesday, Nov 22 nd	Arthritis Class, APPRISE Medicare, Wii Bowling and Zumba
Wednesday, Nov 23 rd	Bowling at Penndel Lanes 11 AM
Thursday, Nov 24 th	Closed in observance of the Thanksgiving Holiday
Friday, Nov 25 th	Closed in observance of the Thanksgiving Holiday. No Ballroom Dance Social
Tuesday – Nov 29 th	Giving Tuesday Silent Auction and fun at the center. Lunch sponsored by Northtec.
Tuesday, Nov 29 th	Giving Tuesday Dine-Around Fun-Raiser with Texas Roadhouse 4 – 10 PM.

Wednesday, Nov 30th

Bowling at Penndel Lanes 11 AM



Thursday, Dec 1st

Computer Class, Line Dancing and Tai Chi

Friday, Dec 2nd

Board Meeting, General Membership Meeting, Bingo and Ballroom Dance Social with Greg Albert

Monday, Dec 5th

Bingo, Computer Class, Line Dancing, Needlepoint and Woodcarving

Tuesday, Dec 6th

Arthritis Class, APPRISE Medicare, Wii Bowling and Zumba

Wednesday, Dec 7th

Bowling at Penndel Lane 11AM

Thursday, Dec 8th

Computer Class Line Dancing and Tai Chi

Friday, Dec 9th

Bingo and Ballroom Dance Social with Kevin Kelton

CHRISTMAS PARTY
Saturday, Dec 10th
3pm to 7pm at Georgine's Restaurant
\$30.00 per person
Choice of Prime Rib, Chicken Parmesan, Stuffed Chicken Breast and Talipia stuffed w/Crabmeat.

Monday, Dec 12th

Bingo, Computer Class, Line Dancing, Needlepoint and Woodcarving

Tuesday, Dec 13th

Arthritis Class, APPRISE Medicare, Wii Bowling and Zumba

Tuesday, Dec 13th

Christmas Lunch with Bucks County Technical High School. More info to come.

Wednesday, Dec 14th

Bowling at Penndel Lane 11AM

Thursday, Dec 15th

Computer Class, Line Dancing and Tai Chi

Friday, Dec 16th

Board Meeting, General Membership Meeting, Bingo and Ballroom Dance Social with Kevin Kelton

Saturday, Dec 17th

American Music Theatre Christmas Show. Lunch at *Eden Resort* at noon followed by the 3pm show. Bus leaves at 10am. \$95.00 per person.

Monday, Dec 19th

Bingo, Computer Class, Line Dancing, Needlepoint and Woodcarving

Tuesday, Dec 20th

Arthritis Class, APPRISE Medicare, Wii Bowling and Zumba

Wednesday, Dec 21st

Bowling at Penndel Lane 11AM

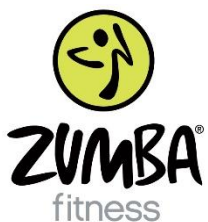
Thursday, Dec 22nd	Computer Class, Line Dancing and Tai Chi
Friday, Dec 23rd	Bingo and No Ballroom Dance Social
Friday, Dec 23 rd	Holiday Party – More information to come.
Monday, Dec 26 th	Center Closed for the Christmas Holiday
Tuesday, Dec 27 th	Arthritis Class, APPRISE Medicare, Wii Bowling and Zumba
Wednesday, Dec 28 th	Bowling at Penndel Lanes 11 AM
Thursday, Dec 29 th	Computer Class, Line Dancing and Tai Chi
Friday, Dec 30 th	Bingo at Noon
Friday, Dec 30 th	Ballroom Dance Social at 7:30 pm.



Produce Pick Up - Fresh produce come in around 1:30 PM at the center on Tuesdays. Various produce items come in and we want to make sure that it gets to you as fresh as possible. This will make our volunteers who are picking up the produce happy to know it is being distributed as fresh as possible. This also happens occasionally on Thursdays but please call the center first. When you do come to pick up produce, **please bring your own CLEAN reusable bags.**

ShopRite Receipts – We are still collecting ShopRite receipts here at the center. Please place your receipts in the container by the bookkeepers office.

C.A.R.E.S. Program – The Community League of St. Mary Medical Center offers durable medical equipment and supplies 100% Free to area residents. They are located in the Pine Watson Shopping Center in Langhorne. Please call them at 215-710-2027 to donate or receive gently used medical equipmen



Zumba Exercise Class – 3:15pm on Tuesday’s. This class is perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance.

Bristol Township Senior Center

TRIPS

SATURDAY, DECEMBER 17, 2016

Holiday Show at 3 PM

Lunch at Noon at



EDEN RESORT

PRICE - \$95.00

Bus Leaving: 10:00am

Bus Returns (approx): 7:00pm

WEDNESDAY, JANUARY 25, 2017



Mohegan Sun Casino
at Poconos Downs

Receive - \$25.00 in Slot Play and
Lunch Buffet at Timber's
(Refreshments will be served on the bus.)

Price - \$48.00

Bus Leaving: 9:00am

Bus Returning: 7:00pm



County of Bucks
November 2016

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
31-Oct	1-Nov	2-Nov	3-Nov	4-Nov
Asian Chicken Salad Sesame Dressing WW Dinner Roll Pineapple Gelatin	Roast Beef Cauliflower & Peas Roasted Red Potatoes WW Dinner Roll Pears & Apricots	Chicken and Biscuits Brussel Sprouts Mashed Potatoes Strawberry Banana Gelatin	Crispy Baked Fish Potatoes Au Gratin Garlic Spinach Crackers Ambrosia Salad	Rotisserie Style Turkey Green & Wax Beans Mashed Potatoes WW Dinner Roll Oatmeal Cookie
7-Nov	8-Nov	9-Nov	10-Nov	11-Nov
Pulled Pork Sandwich Coleslaw Vegetable Soup Vanilla Ice Cream	ELECTION DAY CLOSED	Macaroni & Cheese w. Ham Stewed Tomatoes Peas Fruit Cocktail	Apple Ginger Pork Loin Mashed Butternut Squash Brussel Sprouts WW Dinner Roll Rice Pudding	VETERAN'S DAY CLOSED
14-Nov	15-Nov	16-Nov	17-Nov	18-Nov
Chef Salad w. Chicken French Onion Soup Carrot Raisin Salad WW Dinner Roll Lemon Sorbet	Open Faced Roast Beef Parsley Mashed Potatoes Tossed Salad Saltine Crackers Raspberry Peaches	Asian Pork & Peppers Gingered Carrots Brown Rice Chocolate Brownie	Salisbury Steak Broccoli & Cauliflower Mashed Potatoes WW Dinner Roll Fresh Apple Slices	Thanksgiving Dinner Roast Turkey Breast Sweet Potatoes Green Bean Casserole Bread Stuffing Pumpkin Pie
21-Nov	22-Nov	23-Nov	24-Nov	25-Nov
Craisin Chicken Salad Sndw Pumpkin Soup Sliced Beets (cold) WW Sandwich Roll Mandarin Orange Gelatin	Baked Pork Chop Broccoli Cabbage & Noodles Orange Chocolate Chip Cookie	Fish Almondine Scalloped Potatoes Snap Peas WW Dinner Roll Rice Krispie Treat	THANKSGIVING DAY CLOSED	BLACK FRIDAY CLOSED
28-Nov	29-Nov	30-Nov		
Stuffed Cabbage Rolls Mashed Potatoes Green Beans Saltine Crackers Cottage Cheese & Peaches	Asian Chicken Salad Sesame Dressing WW Dinner Roll Pineapple Gelatin	Roast Beef Cauliflower & Peas Roasted Red Potatoes WW Dinner Roll Pears & Apricots		



